

PHSE incl. RHE



Moulton Chapel Primary School

1. To be able to read, write and speak with confidence and fluency.
2. To be able to use mathematical concepts to tackle problems and resolve them.
3. To be global citizens that have had cultural experiences beyond their normal lives.
4. To aspire our children to dream big in their career path.
5. Grow into responsible, respectful young people who value each other.

Intent

At Moulton Chapel Primary School, our school intent reflects our desire to provide the best possible education, opportunity and environment for everyone who is part of our school. We believe that our school should be inclusive where ALL aim high, achieve well and develop self-confidence, positive values and beliefs, a sense of community, well-being and caring attitudes to others. Our PHSE curriculum is central to this ethos, and it equips our children with the knowledge, skills and strategies to live healthy, safe and responsible lives.



Implementation

Our PHSE/RHE curriculum covers the core themes of the subject:

- Health and well-being
 - Relationships
- Living in the wider world

These include work on drug education, financial education and healthy lifestyles.

We have timetabled lessons taught each week throughout the school. We provide many opportunities where children are involved in PHSE outside of the discreet lessons, including assemblies where a range of themes are covered. Some of these covers cross-curricular teaching e.g. RE, History, Art, and Design.

We use the 1decision accredited scheme with resources and guidance to plan and support our teaching. We teach using different and varying strategies including discussion, drama, scenario, worksheet based.



Impact

Ongoing assessments take place throughout the year. Teachers use this information to inform future lessons; ensuring children are supported and challenged appropriately. Teachers use 'assessment for learning' as to inform planning

Children in Foundation Stage are assessed within, and their progress is tracked using Tapestry. Age related expectation levels are reported to all parents at the end of the year.

Our overall impact is measured by whether the children meet age related expectations and are able to retain the knowledge and skills they have learnt and apply these to new situations year on year. We expect our children to demonstrate they are respectful, respectful behaviour to all and this is transferable outside of school in the wider community.

Statutory requirements:

EYFS requirements:

Personal, Social and Emotional Development

- **Making relationships** - Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings and form positive relationships with adults and other children.
- **Self-confidence and self-awareness** - Children are confident to try new activities and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.
- **Managing feelings and behaviour** - Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class and understand and follow the rules. They adjust their behaviour to different situations and take changes of routine in their stride.

The Department for Education published *Statutory Guidance for Relationships Education, Relationships and Sex Education (RSE) and Health Education* in June 2019. This document sets out what schools must cover from September 2020. Our broader PHSE/RHE curriculum covers cover economic wellbeing, careers and enterprise education, as well as education for personal safety, including assessing and managing risk.

Within each of the core themes children learn about:

Health and wellbeing	Relationships	Living in the wider world
Healthy lifestyles Mental health Ourselves, growing and changing Keeping safe Drugs, alcohol and tobacco	Families and close positive relationships Friendship Managing hurtful behaviour and bullying Safe relationships Respecting self and others	Shared responsibility Community Media literacy and digital resilience Economic wellbeing. <ul style="list-style-type: none"> - Money - Aspirations, work and career

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Progression through the school

KS1 Year A	Topic	In this unit of work, pupils learn about...
Autumn 1	Keeping and staying safe	<ul style="list-style-type: none"> • Road Safety • Tying shoelaces • Staying safe • Leaning out of car windows
Autumn 2		
Spring 1	Computer Safety	<ul style="list-style-type: none"> • Online bullying • Image sharing • Making friends online • Computer safety
Spring 2		
Summer 1	Relationships	<ul style="list-style-type: none"> • Bullying • Friendship • Body language • Touch
Summer 2		

KS1 Year B	Topic	In this unit of work, pupils learn about...
Autumn 1	Keeping and staying healthy	<ul style="list-style-type: none"> • Healthy Eating • Washing hands • Brushing teeth • Medicine
Autumn 2		

Spring 1	Our World	<ul style="list-style-type: none"> • Growing up in our world • Living in our world • Working in our world • Looking after our world
Spring 2		
Summer 1	Feelings and Emotions	<ul style="list-style-type: none"> • Jealousy • Anger • Worry • Grief
Summer 2		
KS1 Year C	Topic	In this unit of work, pupils learn...
Autumn 1	Being Responsible	<ul style="list-style-type: none"> • Practice makes perfect • Water spillage • Helping someone in need • Stealing
Autumn 2		
Spring 1		
Spring 2	Fire Safety	<ul style="list-style-type: none"> • Hoax calling • Petty arson • Texting whilst driving • Visit from or to a Fire station
Summer 1		
Summer 2	Hazard Watch	<ul style="list-style-type: none"> • What is safe to eat and drink? • What is safe to play with? • Being safe near water

LKS2 Year A	Topic	In this unit of work, pupils learn...
Autumn 1	Keeping and staying safe	<ul style="list-style-type: none"> • Brushing teeth • Medicine • Healthy living
Autumn 2	Relationships / Growing and changing	<ul style="list-style-type: none"> • Bullying • Touch • Relationships

Spring 1	Feelings and Emotions	<ul style="list-style-type: none"> • Jealousy • Anger • Worry • Grief
Spring 2	Computer Safety	<ul style="list-style-type: none"> • Online bullying • Image sharing • Making friends online • Computer safety
Summer 1	First Aid	<ul style="list-style-type: none"> • Basic first Aid • Breathing difficulties • Choking
Summer 2	Being Responsible	<ul style="list-style-type: none"> • Stealing • Coming home on time • Looking out for others

LKS2 Year B	Topic	In this unit of work, pupils learn...
Autumn 1	Keeping / staying healthy	<ul style="list-style-type: none"> • Brushing teeth • Medicine • Healthy living
Autumn 2	Computer Safety	<ul style="list-style-type: none"> • Making friends online • Online bullying • Image sharing
Spring 1	Our World / The working world	<ul style="list-style-type: none"> • Looking after the world • Chores at home • Enterprise
Spring 2		
Summer 1	Hazard Watch	<ul style="list-style-type: none"> • What is safe to eat and drink? • What is safe to play with? • Being safe near water
Summer 2	A world without judgement	<ul style="list-style-type: none"> • Breaking down barriers • Inclusion and acceptance • British Values

UKS2 Year A	Topic	In this unit of work, pupils learn...
<i>Autumn 1</i>	<i>Keeping / Staying safe</i>	<ul style="list-style-type: none"> • <i>Cycle safety</i> • <i>Peer pressure</i> • <i>Water safety</i>
<i>Autumn 2</i>	<i>Computer Safety</i>	<ul style="list-style-type: none"> • <i>Online Bullying</i> • <i>Image sharing</i> • <i>Making friends online</i> • <i>Computer safety</i>
<i>Spring 1</i>	<i>First Aid</i>	<ul style="list-style-type: none"> • <i>Basic First Aid</i> • <i>Breathing difficulties</i> • <i>Head injuries, burns, bleeding</i>
<i>Spring 2</i>	<i>Growing up and changing</i>	<ul style="list-style-type: none"> • <i>Relationships</i> • <i>Puberty</i> • <i>Conception</i>
<i>Summer 1</i>	<i>The working world</i>	<ul style="list-style-type: none"> • <i>Chores at home</i> • <i>Enterprise</i> • <i>In-App purchases</i>
<i>Summer 2</i>	<i>A world judgement</i>	<ul style="list-style-type: none"> • <i>Breaking down barriers</i> • <i>Inclusion and acceptance</i> • <i>British Values</i>

UKS2 Year B	Topic	In this unit of work, pupils learn...
<i>Autumn 1</i>	<i>Keeping / staying safe</i>	<ul style="list-style-type: none"> • <i>Cycle safety</i> • <i>Peer pressure</i> • <i>Water safety</i>
<i>Autumn 2</i>	<i>Feelings and Emotions</i>	<ul style="list-style-type: none"> • <i>Jealousy</i> • <i>Anger</i> • <i>Worry</i> • <i>Grief</i>
<i>Spring 1</i>	<i>Growing up and changing</i>	<ul style="list-style-type: none"> • <i>Relationships</i> • <i>Puberty</i> • <i>Conception</i>
<i>Spring 2</i>		
<i>Summer 1</i>	<i>Computer Safety</i>	<ul style="list-style-type: none"> • <i>Online Bullying</i> • <i>Image sharing</i> • <i>Making friends online</i> • <i>Computer safety</i>

Summer 2	Being responsible	<ul style="list-style-type: none"> • Coming home on time • Looking out for others • Stealing
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Whole School Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS1 - A	Keeping / Staying safe		Computer Safety		Relationships	
KS1 - B	Keeping / staying healthy		Our World		Feelings and emotions	
KS1 - C	Being Responsible			Fire Safety		Hazard Watch
Y3/4 - A	Keeping / staying safe Staying safe Leaning out of windows Cycle safety	Relationships / growing up and changing Touch Appropriate touch	Feelings and emotions Grief Anger Jealousy	Computer Safety Making friends online Online bullying Image sharing	First Aid	Being responsible Stealing Coming home on time Looking out for others
Y3/4 - B	Keeping / staying healthy Brushing teeth Medicine Healthy living	Computer safety Making friends online Online bullying Image sharing	Our world / The working world Looking after our world Chores at home Enterprise		Hazard Watch	A world without judgement
Y5/6 - A	Keeping / staying safe	Computer safety	First Aid	Growing up and changing	The working world	A world without judgement
Y5/6 - B	Keeping / staying healthy	Feelings and emotions	Growing up and changing		Computer safety	Being responsible

PHSE / RHE vocabulary

EYFS & Year 1&2

Health and Well-being	Relationships	Living in the wider world
<p>Healthy unhealthy safe unsafe exercise heart hygiene germs spreading emergency medicines vaccinations immunisations allergies personal accident drugs alcohol tobacco</p>	<p>Family names friends lonely co-operate together permission contact uncomfortable respect courteous opinions important</p>	<p>Rules environment community responsibilities earn money interests online roles save spend</p>

Year 3 & 4

Health and Well-being	Relationships	Living in the wider world
<p>Healthy lifestyle physical health habits negative impact effect mental health wellbeing risks legal illegal nutrition decay inactive intensity injuries strengths achievements skills</p>	<p>Friendship relationships online committed positive lonely excluded pressure bullying respectful advice foster adoption blended families mutual respect kindness generosity confidential secrets and surprises</p>	<p>Rules and laws responsibilities choices reducing reusing recycling community saving and spending good value careers goals compassion contributions audience loan fair trade charity stereotypes career aspirations</p>

Year 5 & 6

Health and Well-being	Relationships	Living in the wider world
<p>Bacteria virus infection hygiene prevent immunisations vaccinations genitalia vocabulary (including penis, vagina, sperm, egg) menstruation menstrual cycle periods sanitary towel erections wet dreams regulations restrictions inappropriate sun exposure cancer addictions bereavement independence</p>	<p>Marriage civil partnership legal declaration same-sex reconcile dispute peer influence peer approval self-respect discrimination gender identity orientation forced marriage boundaries permission consent traditions lifestyle topical issues</p>	<p>Human rights diversity diverse community storing information teamwork communication negotiation losing rights and responsibilities stereotypes negative influence prejudice gambling future aspirations career path university college apprenticeships</p>