

Online Gaming

Welcome to the third video of the series.

At just over 8 minutes in length I discuss the topic of online gaming and emphasise that whilst to some, gaming just means playing games, but to children it is quite different and there are 2 main reasons for this:

- The majority of children play games for socialisation - their friendship groups.
- A small number of children play games to escape something that is, or has, gone wrong in their lives. In other words, they use games as a coping mechanism.

Click on the link or copy/paste the link into your browser. You will also find some links below the video link that you may find useful.

<https://vimeo.com/487627625/3c5538740c>

Useful Links:

Gaming Hub - Lots of useful information here: gaming age guides, what you need to know, choosing the best games, setting limits and more:

<https://www.internetmatters.org/resources/online-gaming-advice/>

Common Sense Media - If your child is asking you about a game and you're not sure, it's worth having a look on the Common Sense Media website where you can find advice and opinion about thousands of games.

<https://www.commonsensemedia.org/game-reviews>

Taming Gaming - this is a brilliant resource for parents, with lots of useful information. The site is owned by a father who is a big gaming enthusiast.

<https://www.taminggaming.com/features/Curated+Lists+of+Amazing+Video+Games+that+Parents+Love>