

Introduction

Whatever the age of your child they will receive good online safety education in school, from early years through to college. But as parents and carers we need to know about and keep up with the risks and issues our children may face online. Importantly, we also need to know where to go for extra support.

My name is Alan Mackenzie. I specialise in the ever-changing and evolving area of online safety, mainly working in schools all over England and in this first video I will quickly introduce myself and define what online safety means. Many people think that online safety means keeping children safe online. That is correct, but it's much more than that.

One of the most important messages I would like to get across is that you can't know everything, neither can you watch your child 24/7. But as parents and carers we have natural curiosity; we know when something doesn't feel right or something has changed and that's when we investigate, mainly by talking to the child.

This first video is just over 9 minutes in length. Over a period of time you will receive another 6 emails from school, all with a link to a new video and some accompanying text. In some of the emails I will also include useful links, all of which will take you to free information and resources. There is nothing where you have to pay for anything.

Although much of the information is okay for children, there is some information within the videos that is not appropriate, so please take appropriate precautions when watching any of the videos (e.g. wear headphones). There is also a subtitles option on each video, just look for CC at the bottom right of the video.

Just click on the link or copy/paste the link into your browser.

<https://vimeo.com/507909807/31d8b998bd>